

Discover a sanctuary where transformation meets tranquility – Mallorca Soul Retreats



At Mallorca Soul, we specialize in crafting retreats that empower you to reconnect with your inner self, rejuvenate your spirit, and embark on personalized journeys of self-discovery and mindfulness.



Women's Retreats

Join our exclusive **holistic luxury retreats** designed specifically for women seeking a harmonious blend of relaxation and personal growth.

Located in our eco-wellness boutique hacienda, each retreat features a unique theme, ensuring a refreshing and enriching experience every time.

Small-scale groups (max. 6 participants) provide:

- Deep connections & personal attention
- A quiet space for self-reflection & inner balance
- A supportive community of like-minded women

Tailor-Made Retreats for Businesses & Groups

Enhance Performance, Well-being, and Team Synergy

Our retreats are fully personalized for brands, clients, groups, and business teams, creating space for growth, connection, and transformation.

Step away from daily pressures and immerse your team in a **transformative experience** that fosters **creativity, focus, and collaboration.**

Teambuilding for Businesses & Teams

- ✓ Stress management & resilience
- ✓ Guided journeys for empowerment & clarity
- ✓ Emotional intelligence & conscious leadership
- ✓ Outdoor activities & mindful hikes

These programs can be hosted at our **exclusive Mallorca retreat location** or at **alternative destinations**, depending on your group's needs.

Let us help your team **recharge, refocus, and grow**—personally and professionally.

Personalised Retreats for Private Groups & Individuals

A Journey of Self-Discovery, Relaxation & Renewal

Tailor-made retreats for individuals, friends and groups – for relaxation and self-connection.

Our **5-day, 4-night programs** are crafted to help you experience **inner balance, clarity, and transformation** in a **peaceful, nature-filled environment**.

What We Offer for Private Retreats:

- Personal development training & coaching
- Mindfulness & meditation practices
- Sound, art & dance therapy
- Energy work & holistic well-being sessions
- Gentle hikes, grounding exercises & connection with nature

Depending on your preferences, we can organize your retreat at our Mallorca Soul wellness hacienda or other stunning locations for a completely customized experience.



Our boho-chic estate – an oasis of tranquility, a hidden gem in nature

Nestled in a protected nature reserve, our eco-wellness farm offers breathtaking views of the Bay of Palma and the Tramuntana mountains.

With 300 sunny days a year, our hacienda features a:

- ✓ 13×6 meter saltwater swimming pool
- ✓ Professional hammam, jacuzzi & sauna

Each guest enjoys private accommodation, healthy vegetarian meals, and access to our wellness facilities, ensuring a holistic retreat experience.



What to Expect

Our retreats are designed to help you:

- ✓ Reconnect with your authentic and best self
- ✓ Enhance creativity and mindfulness
- ✓ Learn tools to live your highest potential
- ✓ Experience moments of pure joy and personal breakthroughs
- ✓ Gain clarity on life decisions and future aspirations
- ✓ Release energetic blockages and heal past experiences

Participants often describe our programs as 'heart-opening' and transformative, leaving with uplifted mindful energy, improved decision-making abilities, and a renewed sense of purpose.

Join Us | Embark on a journey to your best self.

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